



Issue #21 August 2018

Engage

...from Fannie Vavoulis, Director, Chief Communications & Community Engagement Officer

The last Engage of the summer – hope you enjoy!

HELP Program

Earlier this month we launched HELP (Hospital Elder Life Program) recruitment campaign. HELP is designed to prevent confusion and physical deconditioning for elderly patients in hospital and is scheduled to launch this autumn on the Medicine Unit.

Elderly patients are at a high risk of becoming sedentary and confused while in hospital. This may cause additional health issues and a longer stay in hospital. HELP is an approach to care for patients over 70 years of age that supports these patients to stay oriented to their surroundings, meet their nutrition, hydration and sleep needs and stay active and engaged. The support provided through HELP is designed to assist patients in achieving a successful recovery and return back home.

Volunteers with HELP will engage patients in targeted interaction tasks intended to be done through social interaction. Each task has a specific purpose aimed to lessen the risk of patients becoming confused or weaker and align with senior friendly focuses of care: Up and Oriented, Up and Engaged, Up and Moving, Nourishment Support and Sleep Enhancement. Targeted interaction tasks may range from socializing with trivia or word puzzles, to encouraging patients to keep moving and avoid being sedentary and sleeping throughout the day. To accomplish this, volunteers will receive specialized training and support from CKHA's Elder Life Specialist. Volunteers are asked to commit to a four-hour shift, once a week.

For more information about HELP and volunteering with the program, please take a moment to watch this [video](#). Interested applicants are encouraged to submit an application to Jackie Doyle.

Policies Update

As new policies are approved by Senior Leadership, we will be sharing them in Engage, along with a link to find them on the Policies section of the intranet, to ensure staff are aware of new policies.

A new policy that has been posted is the Policy and Procedure Policy.

The background for this policy focuses on Chatham-Kent Health Alliance (CKHA) being committed to developing, revising and maintaining policies, procedures, guidelines, department specific policies, medical directives and order sets that are clear, concise and accessible to all staff. This policy and procedure applies to all staff, professional staff, learners and volunteers or any person working on behalf of CKHA.

To read the policy in full, it can be found [here](#)

Accreditation is a month away!

I'm sure you have seen our Accreditation leader Nancy Kay's excellent YouTube educational videos. You may have even attended her informative Accreditation Academy sessions. If not, the YouTube video series can be viewed [here](#). The next issue of Hospitalk (September 13) will also feature an Accreditation Q & A with Nancy Kay to answer all of your Accreditation questions.

The Accreditation Almanac will be available soon – more information to follow on this.

Mock Code Orange

There will be a Mock Code Orange in the Emergency Department on Wednesday, September 12, 2018 from approximately 1:00 p.m. to 3:00 p.m. The purpose of this mock is to provide staff an opportunity to practice CKHA's Code Orange Policy. At the time of the mock, each unit will be tasked to conduct a tabletop of their discharge procedure from the current patient census, a mock fan out and send staff to ER to support the Mock. The ER will conduct the mock in parallel with current patients. If you have any questions, please contact Dave Gadoury at dgadoury@ckha.on.ca or x 5345.

Patient Storytelling Workshop

CKHA is welcoming Cynthia Lockrey for a Patient Storytelling Workshop on September 7, 2018 from 10:00 a.m. to noon. Patient stories, both positive and negative, play an important role at CKHA. This interactive workshop will help participants feel more confident, prepared and focused when sharing their patient stories. If you are interested in attending, please speak to

your manager who may register with Fannie Vavoulis. Space is limited, please register ASAP to avoid disappointment.

Enjoy the last long weekend of summer!

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